

	Women's SCALED	Women's RX	Men RX		Team SCALED				Team RX			
	Heat 1	Heat 1	Heat 1	Heat 2	Heat 1		Heat 2		Heat 1		Heat 2	
WOD 1	8:30 AM	8:41 AM	8:52 AM	9:03 AM	9:20 AM		9:35 AM		9:50 AM		10:10 AM	
	Kelli Aimar	Juliet Schutte	David Afraimi	Lucas Steever	Josh Brookins	Allison Durgin	Michael O'Sullivan	Anna Arenz	Thomas Bockenstedt	Steph Biagiotti	Tommy Simon	Hannah Simon
	Marissa Hintz	Mary Decker	Jason Grubb	Juan Baltierra	Eugene Grib	Sara Wolf	Jason Burkhead	Jaque Burkhead	Adam Marsh	Amy Boyle	Brad Murray	Andrea Nale
	Brittany Mutton	Megan Granzella	Chris Specht	Isaac Tafoya	Adam Farmer	Kathleen Haggerty	Zach Schiffer	Marina Tricarico	Cameron Bradley	Amber Curry	Brandon Mericle	Courtney Mericle
	Carrie Evans	Beth Helgeson	Robert Garfio	Ryan Lopez	Joel Quizon	Kaci York	Cody Chamberlain	Tammy Guerin	Josh Munro	Renaee Steel	Shaun Parris	Amanda Jung
		Kara Knutson	Cory Nale	Mike D'Amato	Brendan Netherton	Tanya Merchant	Keith Bushaw	Stacey Bushaw	Drew Tooley	Leslie Friedman	Brett Wertman	Tory Alemany
		Christy Buffington	Terry Garrett	Martin Palma	Greg King	Alanna Hager	Josh Brookins	Allison Durgin	Nick Christopher	Kari Wyrick	Don Lowe	Kya Degarmo
		Sujin Yi	Adam Yaklich	Nickolas Graf	Nick Gill	Lindsay Khan	Jonathan M Heaner	Kaleesha Diefenderfer	Brett Sall	Gabby Wells	Dylan Barnes	Christina Taylor
		Brittany Mutton	Xavier Leal	Chris Chaves	lassen Donovan	Kate Horton	Zach Sanner	Katherine Trinh	Jamil Mahmood	Emily Smith	Will Foster	Lindsey Kohler
	Taniel Illano		Alexander Wilmore	Andrew Myers	Lisa Lefkowitz	Grover Greer	Natalie Greer	Chris Zienkiewicz	Erin Stanley	Andy Werling	Tera Fredrick	
						Bruce Nelson	Shawn Nelson	Mick Lewis		Matt Bickel	Kiemel Hopkins	
WOD 2	10:40 AM	10:58 AM	11:14 AM	11:30 AM	11:46 AM		12:06 PM		12:26 PM		12:46 PM	
	Kelli Aimar	Juliet Schutte	David Afraimi	Lucas Steever	Josh Brookins	Allison Durgin	Michael O'Sullivan	Anna Arenz	Thomas Bockenstedt		Tommy Simon	Hannah Simon
	Marissa Hintz	Mary Decker	Jason Grubb	Juan Baltierra	Eugene Grib	Sara Wolf	Jason Burkhead	Jaque Burkhead	Adam Marsh	Amy Boyle	Brad Murray	Andrea Nale
	Brittany Mutton	Megan Granzella	Chris Specht	Isaac Tafoya	Adam Farmer	Kathleen Haggerty	Zach Schiffer	Marina Tricarico	Cameron Bradley	Amber Curry	Brandon Mericle	Courtney Mericle
	Carrie Evans	Beth Helgeson	Robert Garfio	Ryan Lopez	Joel Quizon	Kaci York	Cody Chamberlain	Tammy Guerin	Josh Munro	Renaee Steel	Shaun Parris	Amanda Jung
		Kara Knutson	Cory Nale	Mike D'Amato	Brendan Netherton	Tanya Merchant	Keith Bushaw	Stacey Bushaw	Drew Tooley	Leslie Friedman	Brett Wertman	Tory Alemany
		Christy Buffington	Terry Garrett	Martin Palma	Greg King	Alanna Hager	Josh Brookins	Allison Durgin	Nick Christopher	Kari Wyrick	Don Lowe	Kya Degarmo
		Sujin Yi	Adam Yaklich	Nickolas Graf	Nick Gill	Lindsay Khan	Jonathan M Heaner	Kaleesha Diefenderfer	Brett Sall	Gabby Wells	Dylan Barnes	Christina Taylor
		Brittany Mutton	Xavier Leal	Chris Chaves	lassen Donovan	Kate Horton	Zach Sanner	Katherine Trinh	Jamil Mahmood	Emily Smith	Will Foster	Lindsey Kohler
	Taniel Illano		Alexander Wilmore	Andrew Myers	Lisa Lefkowitz	Grover Greer	Natalie Greer	Chris Zienkiewicz	Erin Stanley	Andy Werling	Tera Fredrick	
						Bruce Nelson	Shawn Nelson	Mick Lewis				
WOD 3	1:15 PM	1:35 PM	1:55 PM	2:15 PM	2:35 PM		3:00 PM		3:25 PM		3:50 PM	
	Kelli Aimar	Juliet Schutte	David Afraimi	Lucas Steever	Josh Brookins	Allison Durgin	Michael O'Sullivan	Anna Arenz	Thomas Bockenstedt	Stephanie Biagiotti	Tommy Simon	Hannah Simon
	Marissa Hintz	Mary Decker	Jason Grubb	Juan Baltierra	Eugene Grib	Sara Wolf	Jason Burkhead	Jaque Burkhead	Adam Marsh	Amy Boyle	Brad Murray	Andrea Nale
	Brittany Mutton	Megan Granzella	Chris Specht	Isaac Tafoya	Adam Farmer	Kathleen Haggerty	Zach Schiffer	Marina Tricarico	Cameron Bradley	Amber Curry	Brandon Mericle	Courtney Mericle
	Carrie Evans	Beth Helgeson	Robert Garfio	Ryan Lopez	Joel Quizon	Kaci York	Cody Chamberlain	Tammy Guerin	Josh Munro	Renaee Steel	Shaun Parris	Amanda Jung
		Kara Knutson	Cory Nale	Mike D'Amato	Brendan Netherton	Tanya Merchant	Keith Bushaw	Stacey Bushaw	Drew Tooley	Leslie Friedman	Brett Wertman	Tory Alemany
		Christy Buffington	Terry Garrett	Martin Palma	Greg King	Alanna Hager	Josh Brookins	Allison Durgin	Nick Christopher	Kari Wyrick	Don Lowe	Kya Degarmo
		Sujin Yi	Adam Yaklich	Nickolas Graf	Nick Gill	Lindsay Khan	Jonathan M Heaner	Kaleesha Diefenderfer	Brett Sall	Gabby Wells	Dylan Barnes	Christina Taylor
		Brittany Mutton	Xavier Leal	Chris Chaves	lassen Donovan	Kate Horton	Zach Sanner	Katherine Trinh	Jamil Mahmood	Emily Smith	Will Foster	Lindsey Kohler
	Taniel Illano		Alexander Wilmore	Andrew Myers	Lisa Lefkowitz	Grover Greer	Natalie Greer	Chris Zienkiewicz	Erin Stanley	Andy Werling	Tera Fredrick	
						Bruce Nelson	Shawn Nelson	Mick Lewis				