

	Women's SCALED	Women's RX	Men RX		Team SCALED				Team RX			
	Heat 1	Heat 1	Heat 1	Heat 2	Heat 1		Heat 2		Heat 1		Heat 2	
WOD 1	8:30 AM	8:41 AM	8:52 AM	9:03 AM	9:20 AM		9:35 AM		9:50 AM		10:10 AM	
	Lauren Facey	Juliet Schutte	Jordan Afraimi	Lucas Steever	Raul Hernandez	Brittany Mutton	Michael O'Sullivan	Anna Arenz	Thomas Bockenstedt	Steph Biagiotti	Tommy Simon	Hannah Simon
	Marissa Hintz		Jason Grubb	Juan Baltierra	Eugene Grib	Sara Wolf	Jason Burkhead	Jaque Burkhead	Adam Marsh	Afton Delvechio	Brad Murray	Andrea Nale
		Megan Granzella	Chris Specht		Adam Farmer	Kathleen Haggerty	Zach Schiffer	Marina Tricarico	Cameron Bradley	Amber Curry	Brandon Mericle	Courtney Mericle
	Carrie Evans	Beth Helgeson	Robert Garfio	Chris Zienkiewicz	Joel Quizon	Kaci York	Cody Chamberlain	Tammy Guerin			Shaun Parris	Amanda Jung
		Kara Knutson	Cory Nale	Mike D'Amato	Brendan Netherton	Tanya Merchant	Keith Bushaw	Stacey Bushaw	Drew Tooley	Leslie Friedman	Brett Wertman	Tory Alemany
		Christy Buffington	Terry Garrett	Martin Palma	Greg King	Alanna Hager	Josh Brookins	Jordan Greenberg	Nick Christopher	Kari Wyrick	Don Lowe	Kya Degarmo
		Sujin Yi	Adam Yaklich	Nickolas Graf	Nick Gill	Lindsay Khan	Jonathan M Heaner	Kaleesha Diefenderfer			Dylan Barnes	Christina Taylor
		Gabby Wells	Xavier Leal	Chris Chaves	Iassen Donovan	Kate Horton	Zach Sanner	Katherine Trinh	Jamil Mahmood	Emily Smith	Will Foster	Lindsey Kohler
	Taniel Illano	Chris Schutte	Alexander Wilmore	Andrew Myers	Lisa Lefkowitz	Grover Greer	Natalie Greer	Holly Hagen	Mason Miller	Andy Werling	Tera Fredrick	
		Scott Alexander	Ryan Lopez	Matt Bickel	Kiemel Hopkins	Bruce Nelson	Shawn Nelson			Mick Lewis		
						Josh Munro	Renae Steel					
WOD 2	10:40 AM	10:58 AM	11:14 AM	11:30 AM	11:46 AM		12:06 PM		12:26 PM		12:46 PM	
	Lauren Facey	Juliet Schutte	Jordan Afraimi	Lucas Steever	Raul Hernandez	Brittany Mutton	Michael O'Sullivan	Anna Arenz	Thomas Bockenstedt	Steph Biagiotti	Tommy Simon	Hannah Simon
	Marissa Hintz		Jason Grubb	Juan Baltierra	Eugene Grib	Sara Wolf	Jason Burkhead	Jaque Burkhead	Adam Marsh	Afton Delvechio	Brad Murray	Andrea Nale
		Megan Granzella	Chris Specht		Adam Farmer	Kathleen Haggerty	Zach Schiffer	Marina Tricarico	Cameron Bradley	Amber Curry	Brandon Mericle	Courtney Mericle
	Carrie Evans	Beth Helgeson	Robert Garfio	Ryan Lopez	Joel Quizon	Kaci York	Cody Chamberlain	Tammy Guerin	Josh Munro	Renae Steel	Shaun Parris	Amanda Jung
		Kara Knutson	Cory Nale	Mike D'Amato	Brendan Netherton	Tanya Merchant	Keith Bushaw	Stacey Bushaw	Drew Tooley	Leslie Friedman	Brett Wertman	Tory Alemany
		Christy Buffington	Terry Garrett	Martin Palma	Greg King	Alanna Hager	Josh Brookins	Jordan Greenberg	Nick Christopher	Kari Wyrick	Don Lowe	Kya Degarmo
		Sujin Yi	Adam Yaklich	Nickolas Graf	Nick Gill	Lindsay Khan	Jonathan M Heaner	Kaleesha Diefenderfer			Dylan Barnes	Christina Taylor
		Gabby Wells	Xavier Leal	Chris Chaves	Iassen Donovan	Kate Horton	Zach Sanner	Katherine Trinh	Jamil Mahmood	Emily Smith	Will Foster	Lindsey Kohler
	Taniel Illano	Chris Schutte	Alexander Wilmore	Andrew Myers	Lisa Lefkowitz	Grover Greer	Natalie Greer	Holly Hagen	Mason Miller	Andy Werling	Tera Fredrick	
		Scott Alexander	Chris Zienkiewicz	Matt Bickel	Kiemel Hopkins	Bruce Nelson	Shawn Nelson	Mick Lewis				
						Josh Munro	Renae Steel			Holly Hagen	Mason Miller	
WOD 3	1:15 PM	1:35 PM	1:55 PM	2:15 PM	2:35 PM		3:00 PM		3:25 PM		3:50 PM	
	Lauren Facey	Juliet Schutte	Jordan Afraimi	Lucas Steever	Raul Hernandez	Brittany Mutton	Michael O'Sullivan	Anna Arenz	Thomas Bockenstedt	Stephanie Biagiotti	Tommy Simon	Hannah Simon
	Marissa Hintz		Jason Grubb	Juan Baltierra	Eugene Grib	Sara Wolf	Jason Burkhead	Jaque Burkhead	Adam Marsh	Afton Delvechio	Brad Murray	Andrea Nale
		Megan Granzella	Chris Specht		Adam Farmer	Kathleen Haggerty	Zach Schiffer	Marina Tricarico	Cameron Bradley	Amber Curry	Brandon Mericle	Courtney Mericle
	Carrie Evans	Beth Helgeson	Robert Garfio	Ryan Lopez	Joel Quizon	Kaci York	Cody Chamberlain	Tammy Guerin	Josh Munro	Renae Steel	Shaun Parris	Amanda Jung
		Kara Knutson	Cory Nale	Mike D'Amato	Brendan Netherton	Tanya Merchant	Keith Bushaw	Stacey Bushaw	Drew Tooley	Leslie Friedman	Brett Wertman	Tory Alemany
		Christy Buffington	Terry Garrett	Martin Palma	Greg King	Alanna Hager	Josh Brookins	Jordan Greenberg	Nick Christopher	Kari Wyrick	Don Lowe	Kya Degarmo
		Sujin Yi	Adam Yaklich	Nickolas Graf	Nick Gill	Lindsay Khan	Jonathan M Heaner	Kaleesha Diefenderfer			Dylan Barnes	Christina Taylor
		Gabby Wells	Xavier Leal	Chris Chaves	Iassen Donovan	Kate Horton	Zach Sanner	Katherine Trinh	Jamil Mahmood	Emily Smith	Will Foster	Lindsey Kohler
	Taniel Illano	Chris Schutte	Alexander Wilmore	Andrew Myers	Lisa Lefkowitz	Grover Greer	Natalie Greer	Holly Hagen	Mason Miller	Andy Werling	Tera Fredrick	
		Scott Alexander	Chris Zienkiewicz	Matt Bickel	Kiemel Hopkins	Bruce Nelson	Shawn Nelson	Mick Lewis				
						Josh Munro	Renae Steel					